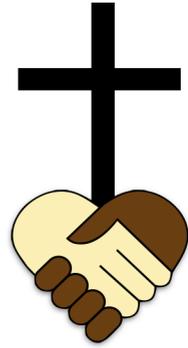


St. Mark's Forest Gate



There they crucified him John 19 v 8

April 2022

70p

www.stmarksforestgate.org.uk

Who's who in the Church

Vicar: Rev'd Ben King

020 8091 5652 or 07437 522650

ben.king@stmarksforestgate.org.uk

Authorised Lay Preacher	Sharon Yates
Church Wardens	Mike Richardson 07824 859075 Sharon Yates 07909 279100 churchwardens@stmarksforestgate.org.uk
Treasurer	Peter Arnold
Parish Worker	Beth Yates

P.C.C. Members

Chairman	Rev'd Ben King	
Vice Chairman	Ann Arnold	
Treasurer	Peter Arnold	
Secretary	Jane Ridout	
Sharon Yates (Church Warden)	Mike Richardson (Church Warden)	
Janet Bone (Deanery Synod Representative DSR)		
Yvonne Tiley(DSR)	Ellen Kemp (DSR)	Dave Dale
Michael Semuguruka	Judith Nyabango	Beth Yates
Charlotte Mouzer	Jackie Randall	

The P.C.C. represents the members of the church;
if there are any issues you want raised, do talk to them.

Contact information

Website	www.stmarksforestgate.org.uk
Admin	info@stmarksforestgate.org.uk
Youth Work	youth@stmarksforestgate.org.uk
Magazine	magazine@stmarksforestgate.org.uk
Notices	notices@stmarksforestgate.org.uk

 Facebook: St. Mark's Forest Gate

Magazine

Material for the magazine to be emailed to ap.arnold@btinternet.com or put through the door of 32 Cranmer Road. Material for **May 2022** needs to be given in by **Sunday 10th April**.



Message for the Month

There are few things more gratifying than sitting in front of a roaring fire on a cold winter's night. To feel its warmth on your face and to watch the flames dance in the hearth is one of life's simple pleasures. But fire itself is a more complex, paradoxical thing. It can be used for all sorts of good purposes, but it also has the capacity to destroy. Its warmth can draw us to itself, but it can also cause us to shrink back in fear.

Fire's strong, alluring yet unpredictable qualities may be one of the reasons it features at significant junctures throughout Scripture. It was a burning bush from which God called and commissioned Moses, and a pillar of fire which guided the Israelites by day through the wilderness.

In the New Testament, there are equally significant episodes involving fire. It was by the light of a fire that a servant girl identified Simon Peter as a follower of Jesus just before his threefold denial (Luke 22 v 56). In John 21, some of the disciples enjoyed breakfast with the resurrected Jesus around a fire. This was His third appearance to them after rising from the dead.

And it's fire that will feature as we observe Holy Week this year.

I'd like to invite you to join me around our Fire Pit in the church car park to reflect on the final days of Jesus' earthly life. From Monday to Wednesday that week, we'll gather at 7.30pm for around thirty minutes to sing, read the Scriptures, reflect and pray. I hope that it will be a suitably atmospheric and poignant setting as we walk the way of the cross and anticipate the empty tomb. I also trust that God will meet with us and kindle our hearts anew with the fire of His love.

There'll be a service of Holy Communion on Maundy Thursday in church and the church will be made available on Good Friday morning at 10.30am for an Hour at the Cross. We'll also be inviting families and children to join us around the Fire Pit at 5.30pm that evening for a child-friendly approach to Good Friday. Full details of our Holy Week and Easter services can be found on page 15.

As we come to celebrate the highpoint of the Christian year and marvel anew at all that God has done for us in His Son, our Saviour, Jesus, let's also take this opportunity to come together as His people to give thanks for the cross and to celebrate the empty tomb. Please do also join with me in praying that God will set His church on fire to bring light and life to many in Jesus' name.

With every blessing for a radiant Easter,

Ben

Easter

The events of Easter took place over a week, traditionally called Passion Week. It began on Palm Sunday. After all His teaching and healing, Jesus had built a following.



On the Sunday before He was to die, Jesus and His followers arrived at Jerusalem. The city was crowded. Jewish people were arriving to celebrate Passover. This commemorates how they had escaped from slavery in Egypt nearly 1,500 years earlier. Jesus rode into the city on a young donkey. He was greeted like a conquering hero. Cheering crowds waved palm branches in tribute. He was hailed as the Messiah who had come to re-establish a Jewish kingdom.

The next day they returned to Jerusalem. Jesus went to the temple, the epicentre of the Jewish faith, and confronted money-changers and merchants who were ripping off the people. He overturned their tables and accused them of being thieves. The religious authorities were alarmed and feared how He was stirring up the crowds.

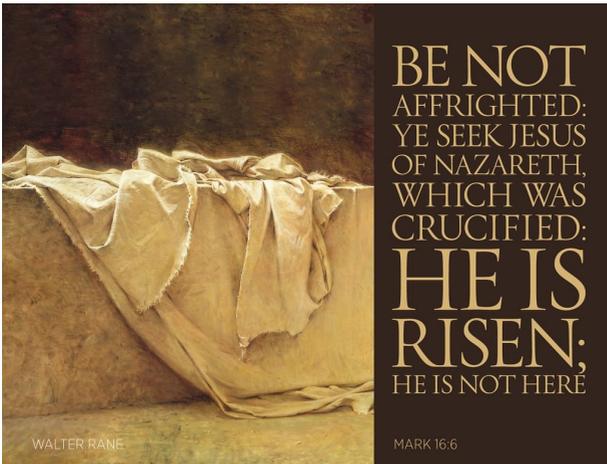
On the Tuesday, they challenged Jesus, questioning His authority. He answered by challenging and condemning their hypocrisy. Later that day Jesus spoke to His disciples about future times. He warned them about fake religious leaders; the coming destruction of Jerusalem; wars, earthquakes and famines; and how His followers would face persecution.

By midweek the Jewish religious leaders and elders were so angry with Jesus that they began plotting to arrest and kill Him. One of Jesus' disciples, Judas, went to the chief priests and agreed to betray Him to them.

Jesus and the 12 disciples gathered on the Thursday evening to celebrate the Pass-over meal. This is known as the Last Supper. During the evening, Jesus initiated a ritual still marked by Christians – Holy Communion – which commemorates His death. Jesus broke bread and shared it and a cup of wine with His disciples.

Judas then left to meet the other plotters. Jesus continued to teach the others and then went outside into an olive grove to pray. He agonised over what was to come but chose the way of obedience. The Bible book, Luke, records Him praying, *'Father if you are willing, take this cup from me; yet not my will but yours be done'*. Minutes later Judas arrived with soldiers and the chief priests and Jesus was arrested.

Good Friday is the day on which Jesus died on the cross. He was crucified at 9am in the morning, and died six hours later, at 3pm. He was then buried immediately, then three days later he rose again.



Easter is the most joyful day of the year for Christians. Christ has died for our sins. We are forgiven. Christ has risen! We are redeemed! We can look forward to an eternity in His joy! Hallelujah!

The Good News of Jesus Christ is a message so simple that you can explain it to someone in a few minutes. It is so profound that for the rest of their lives they will still be 'growing' in their Christian walk with God.

The Sermon

Sunday 13th March
Speaker Ben King
Theme Lord teach us to pray: Petition

God invites us to petition him, to draw close and ask in prayer for our needs. We can find it difficult to bring our own personal concerns, we feel unimportant or selfish in asking for ourselves, but we do need to come to God with what concerns us. God gives us unfettered access; he is a loving father who cares deeply about us it is a relationship, it's not transactional where we badger him to deliver on our lists, but talking to our father. It is important that we have the right image of God, and understand his character and nature, the ways of the Lord are loving and faithful and true. If we think of God as a stern master we would be reluctant to ask him for anything, and not expecting any response. We can approach the throne of grace with great confidence as we know that God loves us. We do need to come to him, to trust him so he can work with us. .

We can petition him about anything and anyone, God is with us and can do something about our situation. We can present all our needs, 'give us today our daily bread' and he will meet all our needs from food on the table to dealing the every day stresses and situations.

How do we petition God, what approach do we take? Three recommendations:

- Pray specifically, not opened general prayers but in the detail, we are exercising our faith, and nothing is too small to not have his attention
- Pray in stages, develop the prayer life so that we can move issues forward in steps
- Pray with others, to come together has great power

How does he answer our prayers? We can use the traffic light analogy, the answer can be green and an immediate yes. Sometime amber where it is not yet, , because the timing is not right and he builds up our character, faith and perseverance. Sometimes it is a red light, the answer is no and we can struggle when God does not step in. It is not a time to turn away from God but to draw closer and rest in in his good and loving arms as God will work all things for good.

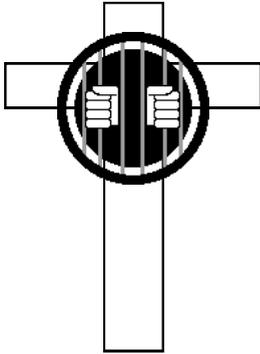
Please note: if you would like to hear more of the sermon for yourself it is available on St Mark's YouTube.

Summary of the PCC Meeting held on 7th March 2022 at 7.30pm in St Mark's Church

At the PCC meeting these items were discussed by the 12 members who were present. Three apologies were received. The **January** minutes were reviewed and passed and these can now be seen on the website.

- The meeting first discussed the **Pop-up Cafe** idea, proposed by Bethany Yates, the Parish Worker, involving a mobile cafe, using an electric cargo bike. The members discussed its usage and the costs involved at some length. It was decided that Bethany would make some further investigations in response to questions raised.
- In the **Matters Arising** section, the meeting heard Standing Committee resolutions since the last meeting, an update on the use of St Mark's as a Polling Station this year, Eco proposals on internal waste bins and the possible launch of a Guides or Girls' group in the building.
- The **Vicar's Report** highlighted arrangements for Lent, Holy Week and Easter, pastoral care arrangements, conversations with PCC members, and the COFE report called Living in Love and Faith.
- The **Parish Worker**, Bethany Yates, updated the meeting on the Pink Bin Project, The Community Pancake Pick-up, her on-going work with youth and children, new administrative tasks, and thoughts about the Queen's Platinum Jubilee.
- **The Treasurer**, Peter Arnold gave a brief update on the current financial state of the church and then drew the meeting's attention to pension arrangements that the PCC needed to consider in relation to its employees, both now and in the future.
- **The Churchwardens**, Mike Richardson and Sharon Yates, reported to the meeting that some electrical work was completed in the church. Some alarm and emergency lighting checks were carried out by Chubb at the beginning of this month. Some work on the skylights has been completed and there is a roof tile to be replaced following the storm at the end of February. The church will be used as a polling station on 5.5.22. Internal cleaning arrangements were also discussed. The wardens reported that church attendance is gradually increasing with YouTube continuing to be accessed by a smaller number of people. Restrictions inside the building are gradually being eased but the need to keep protecting each other still remains.
- The terms of reference for **St Mark's Safeguarding Group** were sent by Ellen Kemp and passed by the meeting.
- There had been no **Deanery Synod** meeting and there was therefore no report at this meeting.
- The meeting closed in prayer at 9.45pm.

The Persecuted Church



Do not worry about anything, but in every situation by prayer and petitions, with thanksgiving, present your requests to God. And the peace of God will guard your hearts and minds in Christ Jesus.

Philippians 4 vv 6-7

Cuba

The routine and systematic targeting of religious leaders in Cuba escalated during 2021. Religious leaders are often subjected to fines, threats, harassment, and in some cases arbitrary detention. These leaders and Christians across the island need our prayers.

The handling of the Covid 19 pandemic, general repression and major shortages of food and other basics have triggered a wave of peaceful protest in July.

The call for freedom rang through communities in an unprecedented way since 1959. For the first time we witnessed Christians praying openly on the streets, the hope of change bursting forth.

President Miguel Diaz-cane's response was to go on television and command "all revolutionaries to go out and reclaim the streets", police and state security met the peaceful

protesters with violence and detained or forcibly disappeared over 800 people.

Meanwhile the families of those detained faced pressure from the authorities, families were evicted or warned not to speak to human rights organisations like CSW. Wives were fired from their jobs, children celebrated birthdays without their parents.

Rev. Lorenzo Rosales Fajardo was one of the pastors violently arrested in the protests. Since August he has been held in a maximum security where he has been beaten and assaulted. On 20th and 21st December Pastor Lorenzo was put on trial with the other protesters. His wife, Maridilegnis described his trial as "two days in which the truth did not prevail. He is being targeted because he is a church leader and this case is part of a longstanding campaign against him which



Pastor Lorenzo and his wife

goes back to 2009 when his home, which was also where his church met, was confiscated.

Many religious groups have publicly condemned the government's use of violence against peaceful protestors and have called for the release of those who have been unjustly imprisoned. On 15th November some Catholic priests and nuns peacefully pro-

tested in different parts of the country despite threats against them. Praise God for their courage, pray protection over them and in particular Father Castor Alvarez Devesa, who is awaiting trial because his participation in the 11th July protests.

Please pray:

Father God, we thank you that you are sovereign over all peoples and nations. We lift Cuba to you today. In your power would you bring breakthrough Lord, protect the prisoners, bring peace to the fearful, and changes to the heart of rulers. Strengthen Christians in Cuba through your holy spirit we pray. Amen

Source: CSW



Father Caster Alvarez Devesa

Fire Pit Fridays

We are thrilled to announce the return of Fire Pit Fridays which we originally launched in September 2021.

You are welcome to join us on a Friday evening in our car park where we will have the fire pit lit, hot drinks, snacks and of course toasted marshmallows. It is a lovely relaxed hour of being together with conversations flowing—a great way to unwind from the week that has passed, ahead of the weekend.

The first gathering will be on Friday 22nd April, we hope to see you there.



Fire Pit Fridays

FREE EVENT!

Every Friday from: 22nd April

5:30pm - 6:30pm, St Mark's Church Car Park, Tynley Road

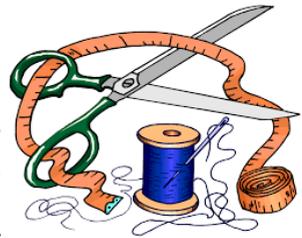
Come and join us for good company and fun.
Everyone is welcome!

- Fire Pit
- Hot Chocolate
- Marshmallows and more!

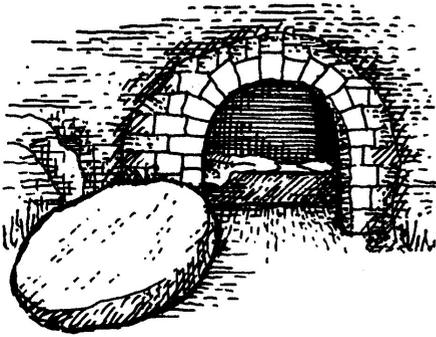
For more info contact Beth: 07741668495

Care and Repair Sewing Group Mondays 11am to 12 noon in Church Hall

Starting on the 25th April the banner group would like to help you repair, make do and mend your clothing. Come along and we would show you how to do it, whether it is to shorten your trousers, make your dress fit, darn a sock, repair a zip or sew on a button. It would also be good to meet with you and have a chat as well. Come along between 11am and 12 noon on Monday mornings.



What about the Resurrection?



'Easter is not primarily a comfort, but a challenge. Its message is either the supreme fact in history or else a gigantic hoax.' (CS Lewis).

As we celebrate another Easter, what is the significance of Jesus' resurrection for us? As Paul writes, *'if Christ has not been raised, your faith is futile; you are still in your sins'*. (1 Cor 15:17). What does the New Testament affirm about the resurrection?

It affirms that Jesus' death on the cross was not a defeat but a **victory** over sin, death and Satan, in which we share. *'But God raised Him from the dead, freeing Him from the agony of death, because it was impossible for death to keep its hold on Him'* (Acts 2:24).

It points to our own **bodily resurrection** after death, *'The body that is sown is perishable, it is raised imperishable'* (1 Cor 15 v 42).

It guarantees the **forgiveness** of our sins, *'if Christ has not been raised, your faith is futile; you are still in your sins'* (1 Cor 15 v 17).

It ensures that we can know the reality of His **risen life** today, *'just as Christ was raised from the dead through the glory of the Father, we too may live a new life'* (Rom 6:4).

The story is told of Russia under the Communist regime. A member of the Communist Party addressed a packed audience at length, seeking to discredit the resurrection of Christ. At the end an Orthodox priest rose and asked if he might reply. He was warned that he only had five minutes. *'Five seconds is all I need!'* He turned to the audience and gave the traditional Easter greeting: *'Christ is risen!'* Back with a deafening roar came the traditional reply: *'He is risen indeed!'*

Synod unanimously condemns persecution of Christians around the world

Members of the Church of England General Synod have unanimously backed a motion of support for churches around the world as a bishop warned of the “monstrous evil” of the “wholesale denial” of freedom of religion or belief in many countries.

The motion called for dioceses and parishes to pray and offer other practical help to those facing persecution because of their faith and to rally support and raise awareness ahead of a global summit on Freedom of Religion or Belief taking place in London this summer. 360 million Christians - about one in seven around the world - face persecution.

The Bishop of Truro Philip Mounstephen, who carried out a review of Persecution of Christians across the Globe for the Foreign Office in 2019, said the situation has deteriorated even in the last year.

He highlighted the “disastrous fall” of Afghanistan to the Taliban, “now making it the most dangerous country on earth to be a Christian”, and the “outrageous murder” of Pastor William Siraj returning home after Sunday service in Peshawar on 30th January. “The wholesale denial of freedom of religion or belief in today’s world is a great evil,” he said.



Synod 2022
our journey continues ...



THE CHURCH OF ENGLAND

He is a God of restoration

‘That you through his poverty might become rich.’

2 Corinthians 8 v 9

Are you saying, ‘If only I hadn’t said, or done...’? You’re not unique; we all have our regrets. But God wants us to learn from them, not live in them. ‘For you know the grace of our Lord Jesus Christ, that though he was rich, yet for your sake he became poor, so that you through his poverty might become rich.’

Jesus wore the crown of thorns so you could wear the crown of righteousness, and be in right standing with God. ‘Being justified by faith, we have peace with God through our Lord Jesus Christ’ (Romans 5 v 1). Being justified gives you the right to stand before God and claim His best. Is your business struggling or failing? Peter the fisherman experienced that too. So Jesus, the Restorer, said to him: “Launch out into the deep and let down your nets for a catch.” But Simon answered and said to Him, “Master, we have toiled all night and caught nothing; nevertheless at Your word I will let down the net.” And when they had done this, they caught a great number of fish, and their net was breaking. So they signalled to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink’ (Luke 5 vv 4-7).

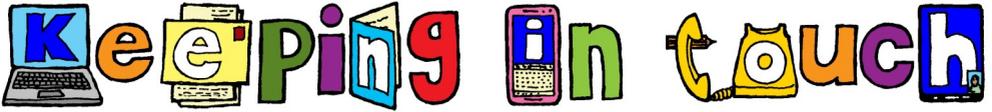
Just one word from Jesus, and you can go from the threshold of bankruptcy to adding a second boat. Jesus actually gave Peter back more than he lost. So the word for today is, ‘Believe for more than you expected, because our God is a God of restoration.’



These are daily devotionals produced by UCB free of charge and this excerpt is reproduced by their kind permission. If you would like your own copy, they are available in the church, or you can log on to www.ucb.co.uk, or telephone 0845 6040401.



Can we help you?



Pastoral Help and Support

The Wardens and Ben are available to help out where they can, so please do let them know if you or someone else needs support – spiritual, practical or otherwise - and they will try and make the necessary arrangements.

Their contact details are:

Rev'd Ben King, Vicar 07437 522650
ben.king@stmarksforestgate.org.uk

Sharon Yates, Churchwarden 07909 279100
sharon.yates@stmarksforestgate.org.uk

Mike Richardson, Churchwarden 07824 859075
mike.richardson@stmarksforestgate.org.uk

Thank you.

Can we pray for you?

Please let us know if we can pray for you, using the email addresses or phone numbers on the previous page.



There is also prayer ministry held after the morning service every Sunday . You are welcome to come along even if you are not able to attend the service.

Intercession: We pray for Peace

Lord Jesus, You came that the world might know the peace that You have experienced with the Father eternally. Yet You taught us that in this life there will be wars and rumours of wars. Nations will rise against nations as violence works itself out in the world. However, through You, the world may be saved. O Lord, send Your spirit into the hearts of all men, that the world might know true peace through Your abundant mercy.



Lord in your mercy,
Hear our prayer

Amen



The Lord's Prayer

Our Father in heaven, hallowed be your name.
Your Kingdom come, your will be done, on earth as in heaven
Give us today our daily bread.
Forgive us our sins, as we forgive those who sin against us.
Lead us not into temptation, but deliver us from evil.
For the kingdom, the power and the glory are yours.
Now and for ever.
Amen.

Our Parish Streets:

Week beginning

3rd April	Pray for all who live in Avenue Road
10th April	Pray for all who live in Barwick Road
17th April	Pray for all who live in Capel Road
24th April	Pray for all who live in Capel Point

Sunday Services in April

Lord Teach us to Pray

Date	Service	Theme	Reading
3rd	Holy Communion	<i>Contemplation</i>	Psalm 19
	4:30 pm	Prayer for the Future	
10th	All Age	<i>Palm Sunday</i> <i>Dramatised reading</i>	John 18 and 19
	4:30 pm	Holy Communion	
17th	Holy Communion	<i>Easter Sunday</i>	John 20 vv 1-18
24th	Morning Service	<i>Easter Season</i>	John 20 vv 19 - 31

On the St Mark's YouTube page there will be a Sunday Service video. We are meeting in the church for Sunday morning worship at 10:30 am; safe distancing measures are still in place and everyone will be asked to wear a face covering unless exempt. Please check on the church's webpage or look out for notice emails for other changes.

Weekday Services Prayer Meeting Wednesday at 7.30 pm

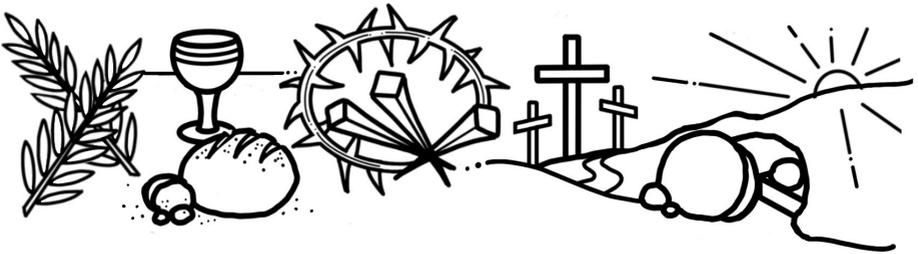
On Wednesday evenings we are meeting together in church as God's people to seek and petition Him. It's only 60 minutes and there's no expectation that you have to pray out loud if you feel uncomfortable doing so. If you can't come every week, then please come as often as you can.

Each Weekday Evening at 4.30 pm: Evening Prayer via Zoom

This 45-minute service following the Anglican Daily Office is a way of resourcing ourselves and of making sure that we stay close to Jesus and to one another.

Zoom ID: 864 991 9885

Date	Service	Reading
Monday 11 th	Fire Pit meditation - First day of Holy Week 7:30pm	John 12:1-11
Tuesday 12 th	Fire Pit meditation - second day of Holy Week 7:30pm	John 12:20-36
Wednesday 13 th	Fire Pit meditation - third day of Holy Week 7:30pm	John 13:21-32
Thursday 14 th	Holy Communion in church Maundy Thursday	Exodus 12:1-4; 11-14 & John 13:1-17; 31b-35
Friday 15 th	An hour at the cross in church at 10.30am Forest Gate Walk of Witness at 12 noon - meet outside Capel Point Family Fire Pit at 5.30pm	John 18-19



Silent March of Witness on Good Friday through Forest Gate.

As usual the march starts at around 12 noon at Capel Point (Wanstead Flats) and we will march down Woodgrange Road unto Upton Lane and we finish at the Convent behind St. Angela's School. We will begin with singing and prayer, and then stopping at the space where the market meets at Emmanuel Church and the convent for singing and prayer at each point.



Coffee Morning: Pancreatic Cancer Research Fund

We are not able to hold our monthly coffee morning, but if you would like to support the charity, please view their website.

The charity funds research into early diagnosis, development of new treatments and improve the effectiveness of existing treatments of pancreatic cancers.

Zoom coffee morning details on page 30, 11am Wednesday 6th April

Zoom ID 821 2451 2055 Password E70LJ

Pink Bin Project: Care4Calais

Throughout the month of march we have been collecting donations for Care4Calais and have extended this collection until Sunday 10th April. Please find the list of items and drop off locations for the pink bins. Thank you for your support

PINK BIN PROJECT



X

CARE 4 CALAIS

DONATIONS

DONATIONS FROM THE LIST BELOW WILL BE GIVEN TO 'CARE4CALAIS'.

- SHOWER GEL
- SHAMPOO
- WET WIPES
- TOOTHPASTE
- SPRAY DEODORANT
- SANITARY PRODUCTS
- HAIR PRODUCTS
- MEN'S TRAINERS (EURO SIZE 41-45)
- MEN'S T-SHIRTS
- MEN'S SWEATSHIRTS, FLEECEES & HOODIES
- NEW MEN & WOMEN'S UNDERWEAR (S, M & L)
- NEW MEN'S SOCKS

FIND OUR PINK BINS

PLEASE PUT ANY DONATIONS IN OUR PINK BINS AT:

GODWIN JUNIOR SCHOOL,
CRANMER ROAD
(MON - FRI, 8:30AM-4:30PM)

ST. MARK'S CHURCH,
LORNE ROAD
(SAT - SUN, 9:00AM - 6:00PM)

... BY SUN 10TH APRIL

GET IN TOUCH

IF YOU WOULD LIKE TO FIND OUT MORE ABOUT THE PINK BIN PROJECT PLEASE CONTACT:

BETH.YATES@STMARKSFIRSTGATE.ORG.UK
07741668495

BROUGHT TO YOU BY





Newham Churches Food Bank

The Churches Food Bank is continuing to have heavy use. If you would like to contribute, please place any items in the bin outside the vicarage at 41a Tylney Road. You will find updates of what is needed on the church WhatsApp group,

but any of the following are welcome:

Rice	Lentils	1lb flour	Jam	Vegetable Oil
Pasta	Longlife milk	Toilet Rolls	Biscuits	Fruit squash
Sweet and sour sauces	Vegetarian meals	Tinned tomatoes	Granulated sugar	Nappies sizes 3 to 6
Washing powder blocks	Washing up liquid			

Asha Trust (Sri Lanka)

<http://ashatrust.co.uk>



The families Asha Trust supports in Sri Lanka continue to struggle with the effects of the pandemic. Work is irregular and high rates of inflation mean rising prices for food and basics. . If you are able to help, please contact Radhika or via <https://tinyurl.com/ashatrusts> or www.ashatrust.co.uk

Subject to the Covid situation, the Traidcraft stall will be at church on Sunday 10th April. You can check with me at the email address below. I can also order any Traidcraft items for you from the range in the Traidcraft catalogue or listed on the Traidcraft website. Buying fairly trade goods from organisations such as Traidcraft is more important than ever at present, and can help to make a real difference to people's lives, helping to lift them out of poverty by providing regular income and employment.



If you would like to check what I have in stock, or to order any Traidcraft items, please either email me at traidcraft@stmarksforestgate.org.uk or phone me on 020-8519-5765.

Peter Arnold



Why not recycle your unwanted tools!:
Tools With A Mission

Tools with a Mission

This is an organisation which refurbishes donated tools and sends them out to Africa. The organisation is based in Ipswich, but there are local drop off/pick up points. Below are the things TWAM needs – if it is not on the list, please do not donate it. To find your local contact, access www.TWAM.uk or phone 01473 210220.

- **Agricultural tools:** Fork, spade, hoe, garden rake, hand fork and trowel, lopper, secateurs, and hand shears
- **Builders' tools:** Spade, shovel, 3ft spirit level, axe, crowbar, fork, sledgehammer, bow saw, bolsters, chisels, all types of hammers and trowels, pin and lines, tape measures, hacksaws and Stanley and hacksaw blades
- **Carpenters' tools:** Bevel, braces, clamps, hand drills and bits, all types of files and hammers, Stanley knife, all types of planes and saws, pliers, rules, all types of saws and screwdrivers, squares plus screws, nails and bolts
- **Electricians' tools:** Allen keys, hand drills and bits, all types of pliers and hacksaws, screwdrivers, spanners, soldering iron, voltmeter
- **Motor mechanics' tools:** Allen keys, cold chisels, breast drill and bits, all types of hammers and pliers, punches, metric socket sets, spanners, adjustable spanners, cantilever toolboxes, tyre pressure gauge
- **Plumbers' tools:** Basin or tap wrench, wire brush, breast drill and bits, various grips and saws, screwdriver, oil can etc.
- **Garage workshop:** Hydraulic jack, axle stands, battery charger, ramps and large engineer's vice
- **Power tools:** Hand and bench drills, sander, planer, jigsaw, circular, band and chop saws, lathe, cultivator, rotavator, welding machine and generator
- **Sewing machines:** manual, electric, treadle and industrial
- **Knitting machines:** machine and hand wool, needles and patterns
- **Haberdashery:** needles, cottons, large material pieces/rolls, buttons, zips, tapes
- **Fully working IT equipment:** Desktop computers and laptops running a minimum of Microsoft Windows 7, tablets, networking switch routers and cables

On 6th February this year Her Majesty The Queen became the first British Monarch to celebrate a Platinum Jubilee, marking 70 years of service. To commemorate the Platinum Jubilee, we would love to join in with people across the country and Commonwealth in hosting some celebrations of our own (during the four day UK bank holiday weekend from Thurs 2nd - Sun 5th June).

We are starting up a group of people who would be happy to work together in the planning and preparations ahead of our celebrations.

If you would like to be a part of this team, please contact our Parish Worker Beth Yates, 07741668495 / beth.yates@stmarksforestgate.org.uk and she will get in touch with you!



ST. MARK'S CHURCH & NEIGHBOURS

PLATINUM JUBILEE CELEBRATIONS



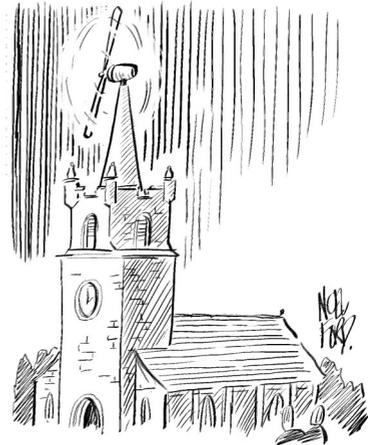
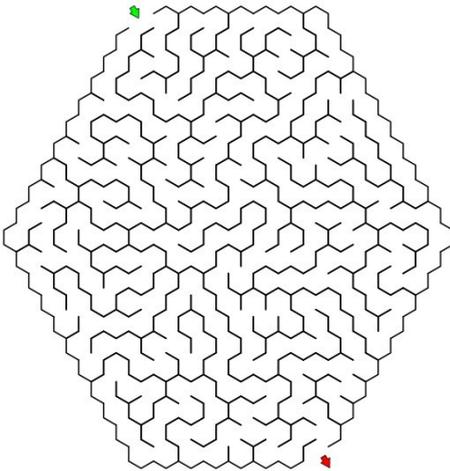
PUZ?LES

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"It's not as picturesque as the old steeple but it's saving a fortune in electricity bills!"



1. What was the Jewish feast being celebrated the week Christ was crucified?
2. When Jesus entered Jerusalem during what is known as His Triumphal Entry, what animal was He riding on?
3. Why is the Sunday before the resurrection called Palm Sunday?
4. Which disciple cut off the ear of the high priest's servant in an attempt to protect Jesus from being taken as a prisoner?
5. What was the name of the high priest's servant who had his ear cut off by the disciple and subsequently reattached by Jesus?
6. How many times did Peter deny Christ after he abandoned the Lord?
7. How many pieces of silver did Judas trade the life of Jesus for?
8. How did Judas identify Jesus to the soldiers?
9. In repentance Judas returned the money to the priests that he was given as the price of betrayal of the Lord and then did what?
10. The priests took the money that Judas had returned and did what with it?
11. Who was surprisingly released before Pontius Pilate sentenced Jesus to death?
12. What did Pilate's wife counsel him to do concerning Jesus?
13. A man named Simon was compelled to carry the cross of Jesus. In Mark 15 we are told the names of Simon's two sons. What were their names?
14. What was the inscription above the cross?
15. Can you quote 4 of the 7 statements recorded in the Bible that Christ said from the cross?
16. Following the statements of Jesus on the cross, there was a statement by a Roman soldier concerning Christ. What was it?
17. What happened in the Temple as a sign that the death of Jesus had made way for the individual believer to approach God?
18. When Jesus died there was darkness in the land. How long did it last?
19. In John 19 two men helped prepare the body of Christ for burial. One is said to have been a secret disciple and another secretly came to Jesus early in His ministry to ask question. Who were these men?
20. Who was the first person to see the risen Christ?

March Quiz Answers

1. March 1st
2. Flora
3. September
4. The Vernal Equinox
5. Vivaldi
6. Stravinsky
7. South Pacific
8. The Boss
9. Botticelli
10. An antelope
11. Spring Onions
12. Robert Browning
13. True
14. Palm Sunday
15. Golgotha
16. Ladies Hats
17. Simnel Cake
18. Good Friday
19. Faberge
20. Chile

**St.
Mark's**
Forest Gate

Youth



If you would like any further information please contact Beth on her email:

beth.yates@stmarksforestgate.org.uk



HAPPY

EASTER

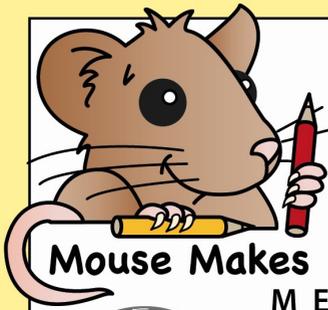
When you crack open your chocolate Easter Egg and you see the hollow inside, remember that this is how the tomb where Jesus' body was laid to rest was found.

Use the empty egg to remind you that Jesus died and rose again for you!

Matthew 28:6

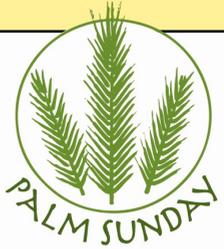
He is not here; he has risen, just as he said. Come and see the place where he lay.





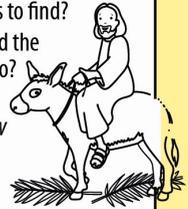
HAPPY EASTER!

Jesus has risen!
Jesus is with us!
Jesus will come again!



What did Jesus send the disciples to find?
What did the crowd do?

Read
Matthew 21:1-11

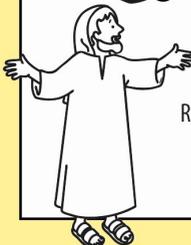
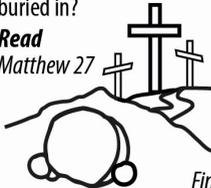


Who betrayed Jesus?
Who denied Jesus?
Read Matthew 26:17-75



What did the soldiers put on Jesus at his crucifixion?
What time did Jesus die?
Whose tomb was Jesus buried in?

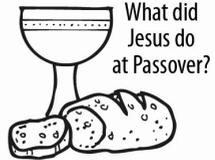
Read
Matthew 27



M E S S I A H W I N E
E T R E E D O N K E Y
A Q C H R I S T I T P
L R G O D H A O S H A
R O B E A E N V T R S
A O O B R A N C H E S
N M J O K V A P O E O
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D A E B R E A D S M B
K I N G O L O T S B U
I S T O N E M A R Y R
S E A S T E R O A D Y

Find these words from the Easter story in the word search:

DONKEY • ROAD • BRANCHES • PALMS • KING • HOSANNA
PASSOVER • ROOM • BREAD • WINE • CUP • MEAL • BODY • BLOOD
KISS • MESSIAH • CHRIST • JESUS • CRUCIFY • CROWN • THORNS
ROBE • TREE • NAILS • CROSS • DARKNESS • QUAKE • DEATH • LOTS
TOMB • LINEN • STONE • BODY • BURY • THREE DAYS • MORNING
MARY • ANGEL • HEAVEN • GOD • RAISED • JOY • GO TELL
GOOD NEWS • PEACE • SPIRIT • SAVIOUR • PRAISE • EASTER



Read Matthew 26:17-30



On the third day who rolled away the stone covering the tomb?
What had happened to Jesus?

Read
Matthew 28



Bible Bite

A short story from the Bible

It can be read in the Bible in
Mark 16:1-8, John 20:1-18

Jesus' tomb had been sealed with a large stone.
Very early Sunday morning, some of Jesus' friends went to put spices on his body.

How will we move the stone from the entrance?



But when they got there...

the stone had been moved and the tomb was empty... except for an angel.



Don't be afraid! God raised Jesus to life and he isn't here. Go and tell the disciples.



They fled to tell the others...



but they didn't believe them.

Peter and John ran to the tomb to look.



They saw the tomb was empty and only the cloths that Jesus' body had been wrapped in lying there. So they went back to the others.

Mary Magdalene stayed by the tomb, crying. She didn't understand that Jesus was no longer dead. When she looked in the tomb there were 2 angels.

Why are you crying?



I don't know where his body is!

Someone behind her asked who are you looking for?



Have you taken his body?

Mary



Then she recognised Jesus!

Teacher!



Don't cling on to me. I can't stay now. Go and tell my disciples I am alive.

So Mary went back and told the others the amazing news!



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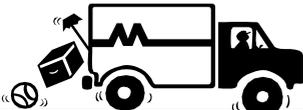
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Services - See page 15 for further information

Weekdays	4:30 pm	Evening Prayer (Zoom)
Wednesday	7:30 pm	Prayer Meeting in the church
Sunday	10:30 am	Morning services
Sunday	4:30 pm	Communion/ Prayer meeting

Activities

Fridays	5:30 pm	Fire Pit Fridays
Mondays	11:00am	Care and Repair Sewing Group

Monthly Zoom Coffee Meet-Up: 11.00 am First Tuesday in the Month

Do join us on Zoom for coffee and chat the first Tuesday every month at 11.00 am .Everyone is invited, so if you're able to join us we'd love to see you.

Zoom ID: 821 2451 2055

Password: E70LJ

St. Mark's Forest Gate
Church Centre: Lorne Road,
London E7 0LJ
www.stmarksforestgate.org.uk

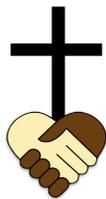
Vicar:
ben.king@stmarksforestgate.org.uk
rg.uk
020 8091 5652 | 07437 522650

Email:
info@stmarksforestgate.org.uk
Registered Charity Number
1132240

St. Mark's is a local Church of England Church. The Vicar will be pleased to help make arrangements for baptisms, weddings and other matters. If this is the first time you have seen the magazine and you would like to receive it regularly, then phone or drop a note into the church and we will do the rest.



St. Mark's Forest Gate



Our Motto for 2022

Launch out into the deep
and let down your nets for a
catch.

Luke 5 v 4

