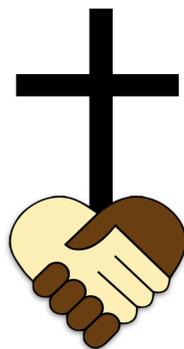


St. Mark's Forest Gate



June 2022

70p

www.stmarksforestgate.org.uk

Who's who in the Church

Vicar: Rev'd Ben King

020 8091 5652 or 07437 522650

ben.king@stmarksforestgate.org.uk

Authorised Lay Preacher	Sharon Yates
Church Wardens	Mike Richardson 07824 859075 Sharon Yates 07909 279100 churchwardens@stmarksforestgate.org.uk
Treasurer	Peter Arnold
Parish Worker	Beth Yates

P.C.C. Members

Chairman	Rev'd Ben King	
Vice Chairman	Ann Arnold	
Treasurer	Peter Arnold	
Secretary	Jane Ridout	
Church wardens (Ex-officio)	Sharon Yates	Mike Richardson
Janet Bone (Deanery Synod Representative DSR)		Yvonne Tiley(DSR)
Ellen Kemp (DSR)	Michael Semuguruka	
Charlotte Mouzer	Bola Ogunfowokan	Beth Yates (Co opted)

The P.C.C. represents the members of the church; if there are any issues you want raised, do talk to them. There are vacancies on the PCC, if you feel called to stand do speak to Ben or Jane.

Contact information

Website	www.stmarksforestgate.org.uk
Admin	info@stmarksforestgate.org.uk
Youth Work	youth@stmarksforestgate.org.uk
Magazine	magazine@stmarksforestgate.org.uk
Notices	notices@stmarksforestgate.org.uk

 Facebook: St. Mark's Forest Gate

Magazine

Material for the magazine to be emailed to ap.arnold@btinternet.com or put through the door of 32 Cranmer Road. Material for **July/August 2022** needs to be given in by **Sunday 12th June**.



Message for the Month

At the beginning of June, many millions of people around the world will be gathering to celebrate Her Majesty's Platinum Jubilee. We will also be holding our own celebrations at St Mark's to which you'd be most welcome. Please see page 6 for more information.

The word jubilee actually has its origins in the Old Testament when, every 50th year, God commanded that debts should be cancelled, slaves set free, property should be returned to its original owners, and fields should lie fallow. You can read about the year of Jubilee in full in Leviticus 25.

With its emphasis on freedom and restoration, the year of Jubilee also sounded a note of divine *forgiveness* for God's people. This in turn pointed forward to Jesus' one perfect sacrifice on the cross where, of course, forgiveness was made possible for all humanity.

But there's also an important link with the *Holy Spirit* here because it's the Holy Spirit who *testifies* to our spirit that God has forgiven us and has subsequently adopted us into His family: 'For those who are led by the Spirit of God are the children of God. The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, "Abba, Father." The Spirit himself testifies with our spirit that we are God's children.' (Romans 8:14-16).

Reflecting on his conversion, John Wesley said that he had 'exchanged the faith of a servant for the faith of a son'. For the believer, it's the Holy Spirit who gives us the assurance that we have been forgiven by Christ and are now children of the most High God.

In addition to the Queen's Jubilee, Sunday 5th June also marks Pentecost - the outpouring of God's Holy Spirit on those 120 disciples in Jerusalem, ten days after Jesus had ascended to heaven. God is now at large in our world and lives within the heart of every Christian believer. We really can know God with us in a new, personal and powerful way.

Doubtless there will be much celebration at the beginning of June and rightly so. But let's remember the more important jubilee and therefore the greater cause for celebration, that God has called us to Himself, forgiven us through Christ and adopted us into His family, so that we might call Him Father. To this great and glorious truth, the Spirit Himself bears witness so that we might have confidence and peace about who we are and where we're headed. Thank you, Holy Spirit!

Pentecost

Fire of Pentecost

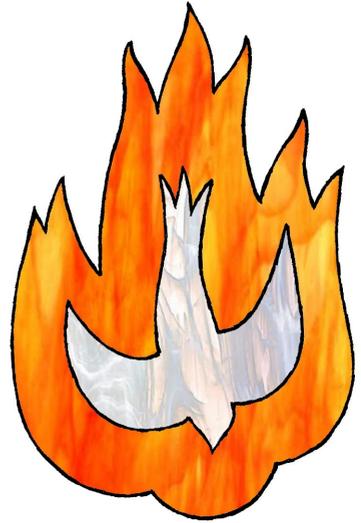
"You shall receive power when the Holy Spirit comes upon you and you will be witnesses to me in Jerusalem, and in all Judea and Samaria and to the ends of the earth" Acts 1:8

We all get tired and battle weary sometimes. The disciples of Jesus had just been through a three-year long roller coaster adventure with Jesus that had culminated in His death, resurrection and ascension into heaven.

The range of emotions would have been hugely taxing in the days leading up to Pentecost, as they remembered Jesus weeping in the garden of Gethsemane, betrayed by Judas, brutally beaten and crucified, and then dead and buried. Then there had been the shock and awe of finding out that He was alive again! But then He had left them again, to return to His Father. By the time the day of Pentecost arrived, the disciples would indeed have welcomed some fresh spiritual fire!

For us today, many of us have felt emotionally drained with the uncertainties caused by Covid 19, the worry of prices rising at an alarming rate, and now the pain and uncertainty of what will happen in the war in Ukraine.

So, what better day to pray for fresh spiritual fire for each of us? As we celebrate the outpouring of the Holy Spirit and birth of the Church, let us thank God that He will never leave us or forsake us.



Platinum Jubilee Tea Party

Friday 3rd June St. Mark's Church, Lorne Rd 3:00pm - 4:30pm



We hope you will join us for an afternoon of celebrating the Queen's Platinum Jubilee.

Please reserve your place by contacting Beth on 07741668495 by Wed 1st June.

If you would rather celebrate in your own home & would like a 'treat box' delivered please let Beth know.

ALL SAINTS CHORUS CONCERT



13 local people were publicly burnt to death in Stratford, East London, on June 27th, 1556. The vicar of All Saints Church, West Ham, the Reverend Thomas Rose, spoke out against the burnings and was removed from the church. There is a Victorian memorial to the martyrs in the churchyard of St John's Church, Stratford and a group of streets named after

them in Beckton. A moving and thought-provoking choral piece, **Fire on the Green**, about this local story has been written by Jon Cullen (music) and Marva Rees (words) drawing on contemporary texts. It will be performed by All Saints Chorus with an orchestra and soloists at All Saints Church, West Ham at **6.30pm on Saturday 2nd July.**

Details and link to tickets at <https://allsaintschorus.org/2022/02/26/next-concert/>

All Saints Chorus will next perform Verdi's Requiem on 22nd November 2022 at Southwark Cathedral – details will be available on the website.

The Sermon

Sunday 22nd May

Speaker Ben King

Theme Healing

First principles

Sickness and disease is a consequence of a fallen world, but we must not draw a direct line between sin and suffering. Jesus was very clear about it in John 9:3 “Neither this man nor his parents sinned,” said Jesus, “but this happened so that the works of God might be displayed in him”. It can cause distress if people view sickness as a direct consequence of sin.

What the bible says about healing

Healing is in the nature of God. It shows his sovereignty: Luke 1:37 ‘For nothing will be impossible. It shows His love for us: Exodus 15:26 ‘I am the Lord who heals you’. There is lots of evidence throughout Scripture of healing; 25% of the gospels are about healing and there is a lot in Acts.

Kingdom of God

God’s heavenly (perfect) kingdom is established on earth through Jesus. We are promised signs, wonders and healing when Heaven is coming to earth. However, ‘now but not yet’, all sickness, disease and sin will be banished only when Jesus returns and establishes his rule and reign. It is a future hope - Revelation 21:4 but for now, we live in between the times, before all will be healed.

Unanswered prayer

We have to accept that not everyone is healed; it does happen but not all the time. John Wimber, a preacher and author who had a ministry of healing, wrote ‘when we didn’t pray, no one got healed; now we pray, some get healed’ (but not all). There are possible barriers: it could be ignorance and resistance, possibly unconfessed sin, and it might be open doors to the enemy.

Natural as well as supernatural

We should not ignore natural healing, where the medical professions and the advances in science and medicine can bring about healing. However first and foremost we should put our reliance on God.

Our response

It can be affected by our response, Jesus asked the man ‘do you want to get well’ in John 5 v 6. We might be resigned to our illness and think what is the point of asking for healing. We may not think we are worthy of healing, ask ourselves why me. But God loves every one of us dearly and invites us to draw close and ask for His healing in our lives.’

Please note: if you would like to hear more of the sermon for yourself it is available on St Mark’s YouTube.



St. Mark's & Neighbours



LORNE ROAD STREET PARTY



Outside St. Mark's Church

Sunday 5th June

12:00 pm- 5:00pm



We invite you to join us in celebrating
the Queen's Platinum Jubilee.

Bring your own picnic

Soft drinks & cakes at St. Mark's

Crown making

Chalk drawing

Collage craft

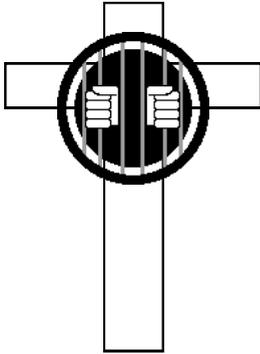
Kids tattoos

Sweets

Sponsored by:



The Persecuted Church



**Salvation of the righteous is
of the Lord: He is their
strength in times of trouble.**

**The Lord shall help them
and deliver them: He shall
deliver them from the wicked
and save them because
they trust in Him**

Psalms 37 v 39-40

Eritrea

It is 20 years since we were very shocked to learn that the government of Eritrea had imprisoned some teenagers in shipping containers because they had been discovered praying and reading the Bible.

The government under President Aferweki had restricted religious expression to four groups: Catholic, Lutheran, Orthodox Christian and Sunni Muslim. From that time illegal gatherings of believers brought the acute risk of arrest, as many can testify.

Pastor Gideon (not his real name) has spent over six years in the inhumane prison system. During his detention for involvement in a denomination not approved by the government, he has experienced mental and physical torture, forced labour, beatings and lack of food. He says they were treated as slaves, but it was the monotony that he found hardest. "You just sit there, the pain you feel internally ends

up traumatising you. They ask you to deny your faith and to hate it, and the temptation to deny Christ was very real, but with God's help we persevered and said no. Had we said yes they would have freed us sooner."

Despite the conditions there were moments of joy as inmates and even guards became Christians through Pastor Gideon and others. Now released, Pastor Gideon believes his faith and ministry has grown. "The power and grace God gave me after prison is better than before prison". He serves knowing that he could end up in prison again, and it is the same for many Christians - a reality he is unafraid to highlight "We tell people that becoming a Christian does not only mean accepting Jesus, rather we tell them that there is prison and challenges". It sounds a sombre note, but for Pastor Gideon it is all part of a far more hopeful tune "The gospel is spreading, people especially young people are coming to Christ, the persecution has not stopped the church."

Please pray for

Prisoners

Hundreds of prisoners have been arrested over the last 20 years. Some leaders have been in prison for over a decade. Even when released the ordeal can have damaging long term effects on believers.

Heavenly Father, sustain all Christian prisoners spiritually, physically and emotionally. Provide joy in their suffering and bring about their release. Heal those seeking to move on after being in prison. Amen

Government

Despite the persecution many of them face from the governments, the Christians of Eritrea ask that we do not pray for the government to be replaced, but that they will come to repent and seek God's wisdom and counsel in all decisions.

Holy Spirit, move in the hearts of the Eritrean government; open their eyes to the value and role of all Christians to Eritrean society. May President Aferwerki and his officials have life changing encounters with you. Amen

Church

As the gospel spreads churches are faced with the challenge of effectively discipling believers amid the threat and pressure of persecution. Leaders are especially vulnerable to arrest and stress related illness.

Lord Jesus, provide fellowship and discipleship for all Christians, strengthen, sustain and protect them especially the church leaders. Amen

Source: Open Doors





Forest Gate Festival 2nd July 2022

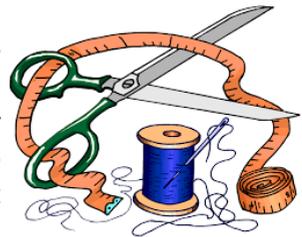
After a two year break the Forest Gate Festival is back this year. St Mark's will be having a stall, to tell people about the church, offer to pray for people and share our faith in Jesus, and we will also be offering a cuppa.

We will need help on the day, as we will need to get all the equipment to Osborne road and back again, also to man the stall during the day. If you are able to do a hour or two that would be wonderful.

Please speak to Ann or Peter Arnold if you are able to help

Care and Repair Sewing Group **Mondays 11am to 12 noon in Church Hall**

The banner group would like to help you repair, make do and mend your clothing. Come along and we will show you how to do it, whether it is to shorten your trousers, make your dress fit, darn a sock, repair a zip or sew on a button. It would also be good to meet with you and have a chat as well.



Come along between 11:00 am and 12 noon on Monday mornings.

What Does the Holy Spirit Do? (Pt 1)

As we celebrate Pentecost this month, it is appropriate to ask the question: what does the Holy Spirit do in our lives? Everybody who has committed their life to Christ possesses the Holy Spirit, *'if anyone does not have the Spirit of Christ, he does not belong to Christ.'* (Romans 8:9). It is the Spirit who brings us new birth into the family of God.

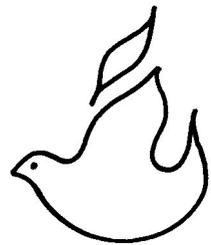
The Spirit assures us of God's love and acceptance, despite our fears, doubts or failures. As adopted children we can address God as our father: *"God sent the Spirit of his Son into our hearts, the Spirit who calls out, 'Abba, Father.'"* (Galatians 4: 6). By using the same word used by Jesus, we can grow in intimacy with our Father and pray to Him, especially when we struggle to find the right words.

The Holy Spirit is committed to producing a family likeness in those who follow Christ. This Jesus likeness enables us to live as Jesus would in our place, ie: work, family, time, interests etc. Paul describes this as the fruit of the Spirit: *'love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.'* (Galatians 5:22,23). He talks about fruit not fruits! We can't pick and choose, as they come as a total package to be developed over a lifetime!

The Spirit is committed to producing new desires for God: reading the Bible and praying, forgiving others, meeting with other Christians and sharing our faith. He will also give us the motivation to overcome wrong habits, attitudes or lifestyle in our lives.

'Let the church return to Pentecost, and Pentecost will return to her. The Spirit of God cannot take possession of believers beyond their capacity of receiving Him' (Andrew Murray).

Canon Paul Hardingham



Church of England News

The Revd Canon Dr Chigor Chike, Vicar of Emmanuel Forest Gate and Chair of the Anglican Minority Ethnic Network, has been elected to serve on the House of Bishops as a participant observer.

Chigor's election was announced at the same time as the Revd Canon Arun Arora, co-chair of the Archbishops' Anti-Racism Taskforce and the Revd Shemil Matthew, Vice Dean of Emmanuel Theological College.



Their election is part of action towards making the leadership of the Church of England more representative and brings the number of people from UKME/GMH heritage on the House of Bishops to 11, with eight bishops – one diocesan (the Bishop of Chelmsford, the Rt Revd Dr Guli Francis-Dehqani) and seven suffragans (including the Bishop of Bradwell, the Rt Revd Dr John Perumbalath) - either members or participant observers.

Under the scheme, approved earlier this year by a Committee of the House, at least 10 UKME/GMH people will take part in meetings of the House – either as existing members or “participant observers”.

Commenting on his election, The Revd Canon Dr Chigor Chike said:

This scheme is an important step in the right direction, and I very much welcome the opportunity to serve as a participant observer on the House of Bishops. As participant observers we will not have a vote, but we will have a voice and I hope we will be able to help steer direction. I also hope and pray that the use of participant observers for this purpose will only be temporary because the Church of England moves to have greater numbers of people of UKME/GMH heritage who are full members of the House of Bishops and in other leadership roles“.



THE CHURCH OF ENGLAND

Intercede with God for them

'I exhort that intercessions be made'

1 Timothy 2 v 1

Paul writes: 'I exhort...that...intercessions...be made for all people, for kings and all who are in authority, that we may lead a quiet and peaceable life in all godliness and reverence. For this is good and acceptable in the sight of God our Saviour, who desires all men to be saved and to come to the knowledge of the truth' (vv. 1-4).

Intercession means 'to mediate between parties with a view to reconciling those who differ or contend'. It happens every day in the court system when lawyers intercede on behalf of their clients. It also happened in Scripture. When Israel made a golden calf and worshipped it, Moses interceded with God on their behalf, saying: 'Oh, these people have committed a great sin...Yet now, if You will forgive their sin – but if not, I pray, blot me out of Your book which You have written' (Exodus 32:31-32). And it worked. God told Moses, 'Go, lead the people to *the place* of which I have spoken to you. Behold, My Angel shall go before you' (v. 34).

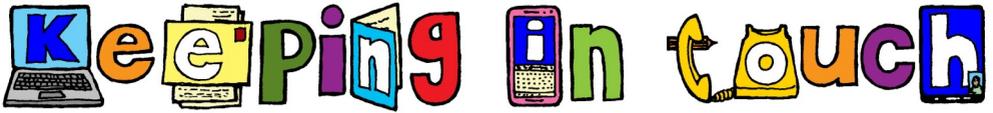
Later when Israel turned again to worship false gods, Samuel said, 'Gather all Israel to Mizpah, and I will pray [intercede] to the LORD for you' (1 Samuel 7:5). As a result, the Lord sent a loud thunder upon the Philistines that day, and so confused them that they were defeated before Israel (see 1 Samuel 7:10).

Interceding can be a lonely business, and it's also hard work: 'Always labouring fervently for you in prayers, that you may stand perfect and complete in all the will of God' (Colossians 4:12). But when nothing else works, intercessory prayer does!

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Can we help you?



Pastoral Help and Support

The Wardens and Ben are available to help out where they can, so please do let them know if you or someone else needs support – spiritual, practical or otherwise - and they will try and make the necessary arrangements.

Their contact details are:

Rev'd Ben King, Vicar 07437 522650
ben.king@stmarksforestgate.org.uk

Sharon Yates, Churchwarden 07909 279100
sharon.yates@stmarksforestgate.org.uk

Mike Richardson, Churchwarden 07824 859075
mike.richardson@stmarksforestgate.org.uk

Thank you.

Can we pray for you?

Please let us know if we can pray for you, using the email addresses or phone numbers above.



There is also prayer ministry held after the morning service every Sunday . You are welcome to come along even if you are not able to attend the service.

Intercession: We pray for those in financial distress

Father we know that the finances of many people are stretched, and although there is social welfare support available it is difficult and frustrating to access. We pray that people who are struggling will receive the help they need, and that the system will support them rather than frustrate them. We also pray that you will inspire us who can afford to do so, to help in whatever way possible, and to continue to acknowledge that our resources come from you and should be used to support your purposes.

Lord in your mercy,
Hear our prayer

Amen



The Lord's Prayer

Our Father in heaven, hallowed be your name.
Your Kingdom come, your will be done, on earth as in heaven
Give us today our daily bread.
Forgive us our sins, as we forgive those who sin against us.
Lead us not into temptation, but deliver us from evil.
For the kingdom, the power and the glory are yours.
Now and for ever.
Amen.

Our Parish Streets:

Week beginning

5th June	Pray for all who live in Godwin Road
12th June	Pray for all who live in Horace Road
19th June	Pray for all who live in Latimer Road
26th June	Pray for all who live in Lorne Road

Sunday Services in June

Date	Service	Theme	Reading
5th	All Age Praise	Pentecost Queen's Platinum Jubilee Celebration	Acts 2:1-21; John 14:8-17, 25-27
12th	Holy Communion	What does the Holy Spirit Do?	Exodus 35: 30-35 John 16: 7-15
19th	Holy Communion	How can I be filled with the Holy Spirit	Ephesians 3:14-21 Luke 11:9-13
26th	All Age	The fruit of the Spirit	Acts 9: 10-22 Galatians 5:22-26



On the St Mark's YouTube page there will be a Sunday Service video. We are meeting in the church for Sunday morning worship at 10:30 am; safe distancing measures are still in place and everyone will be asked to wear a face covering unless exempt. We have also introduced a designated zone where you may remove your face covering during worship if you feel comfortable doing so. Please check on the church's webpage or look out for notice emails for other changes.

Weekday Services Prayer Meeting Wednesday at 7.30 pm

On Wednesday evenings we are meeting together in church as God's people to seek and petition Him. It's only 60 minutes and there's no expectation that you have to pray out loud if you feel uncomfortable doing so. If you can't come every week, then please come as often as you can.

Each Weekday Evening at 4.30 pm: Evening Prayer via Zoom

This 45-minute service following the Anglican Daily Office is a way of resourcing ourselves and of making sure that we stay close to Jesus and to one another. **Zoom ID: 864 991 9885**

Archdeacon's Visitation Wednesday 22nd June

Please pray for Mike and Sharon as they are sworn in as our churchwardens at the Archdeacon's visitation on Wednesday 22nd June.

This is a formal church service, during which Churchwardens across the Archdeaconry are admitted. They make a formal declaration and the Archdeacons offer prayer and encouragement.





Coffee Morning: The Blue Cross

We are not currently able to hold our monthly coffee morning, but if you would like to support the charity, please view their website: bluecross.org.uk

Blue Cross is a animal welfare charity which provides veterinary care, offers expert behavioural help, and finds homes for pets in need. Their pet bereavement service supports those who are struggling to cope with the loss of a much-loved pet.

We are no longer holding the zoom coffee mornings



DONATIONS

DONATIONS FROM THE LIST BELOW WILL BE GIVEN TO 'THE MAGPIE PROJECT'.

THEY PROVIDE A SAFE AND FUN PLACE FOR MUMS AND UNDER-FIVES SUFFERING IN TEMPORARY OR INSECURE ACCOMMODATION, WHILST ALSO PROVIDING ESSENTIALS.

FIND OUR PINK BINS

PLEASE PUT ANY DONATIONS IN OUR PINK BINS AT:

GODWIN JUNIOR SCHOOL
CRANMER ROAD
(MON - FRI, 8:30AM-4:30PM)

ST. MARK'S CHURCH
LORNE ROAD
(SAT - SUN, 9:00AM - 6:00PM)

- NAPPIES (ESPECIALLY SIZES 6 AND 7)
- TOOTHPASTE
- SOAP
- SHOWER GEL
- SANITARY PRODUCTS
- OTHER NEW TOILETRIES
- LADIES SOCKS
- AS NEW CLOTHES FOR CHILDREN UNDER 6

BROUGHT TO YOU BY

Please donate by Sunday 26th June.





Newham Churches Food Bank

The Churches Food Bank is continuing to have heavy use. If you would like to contribute, please place any items in the bin outside the vicarage at 41a Tylney Road. You will find updates of what is needed on the church WhatsApp group,

but any of the following are welcome:

Rice	Lentils	1lb flour	Jam	Vegetable Oil
Pasta	Longlife milk	Toilet Rolls	Biscuits	Fruit squash
Sweet and sour sauces	Vegetarian meals	Tinned tomatoes	Granulated sugar	Nappies sizes 3 to 6
Washing powder blocks	Washing up liquid			

Asha Trust (Sri Lanka)

<http://ashatrust.co.uk>



The families Asha Trust supports in Sri Lanka continue to struggle with the effects of the pandemic. Work is irregular and high rates of inflation mean rising prices for food and basics. If you are able to help, please contact Radhika or via <https://tinyurl.com/ashatrusts1> or www.ashatrust.co.uk

The Traidcraft stall will be at church at the All Age service on Sunday 26th June. I can also order any Traidcraft items for you from the range in the Traidcraft catalogue or listed on the Traidcraft website. Buying fairly trade goods from organisations such as Traidcraft is more important than ever at present, and can help to make a real difference to people's lives, helping to lift them out of poverty by providing regular income and employment.



If you would like to check what I have in stock, or to order any Traidcraft items, please either email me at traidcraft@stmarksforestgate.org.uk or phone me on 020-8519-5765.

Peter Arnold

Energy Saving Tips

1. Do full laundry loads

Half-load settings save very little energy, so a full load is much more energy efficient. Do fewer (but fuller) – wash loads instead.

2. Use the eco setting

On your dishwasher or boiler, the eco setting heats water more slowly, using less energy. You get the same results; it just takes a little longer.

3. Don't use standby mode

Unless switched off at the wall, appliances like your TV continue to use energy, costing the average UK home £35 per year.

4. Careful with that kettle

When making tea or coffee, most of us fill the kettle right up. By filling your kettle just to the level you need, it could save you up to a third of the energy you have been using.

5. Switch to LED bulbs

Traditional filament bulbs are extremely inefficient. Modern LEDs are the opposite, and also last longer so are less wasteful too.

6. Use your microwave more

You'll save energy because it's quicker than using the oven or stove. It's worth considering a slow cooker too, as they're one of the most energy-efficient kitchen appliances.

7. Unplug all your chargers

Across the country, people are unnecessarily over-charging their mobile phones, MP3 players, and laptops. Instead, as soon as your device is fully charged, try and get into the habit of unplugging it. Not only will this save energy, it also prolongs battery life.

8. Close your curtains at night

In the day it's important to try to use as much natural - and free - heat (in the form of sunlight) as possible. But when dusk falls, closing your curtains will help your home retain that heat. This helps keep warmth in the room – but try not to drape them over radiators.

9. Turn down the temperature

With today's effective washing machine detergents, there's often no need to run your washing machine any higher than 30°C – clean clothes, and energy saved.

10. Shut the fridge door

Do not leave the fridge door open any longer than you have to, it wastes energy.



National Events

Thursday 2 June

- The Queen's Birthday Parade – Trooping of the colour – London
- Lighting of beacons – around the country and Commonwealth

Friday 3 June

- St Paul's Cathedral Service of Thanksgiving – London
- St Mark's Afternoon Tea 3:00pm (by invitation see page 4)

Saturday 4 June

- Platinum Party at the Palace – a concert broadcast from Buckingham Palace

Pentecost Sunday 5 June

- Pentecost Sunday services in churches
- Platinum Jubilee Street Parties / Big Jubilee Lunch
- The Platinum Jubilee Pageant on The Mall – London

St Mark's Church Events

Friday 3 June

- St Mark's Afternoon Tea 3:00pm (by invitation see page 4)

Sunday 5th June

- The church is holding a special celebration service and a Street Party in Lorne Road see page 5

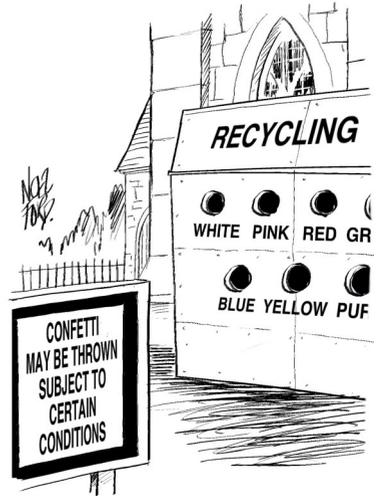
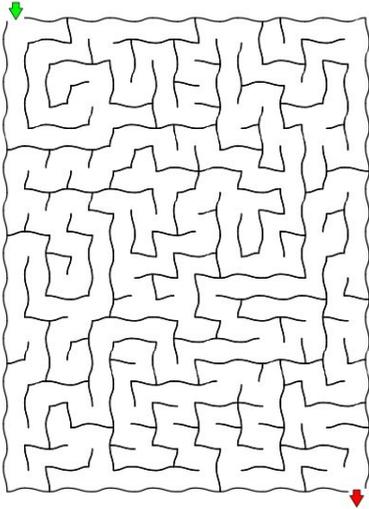
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Questions about the Queen

1. The Queen was born at her parents' house, 17 Bruton Street in Mayfair, London. What is the current use of the premises?
2. As a toddler, Princess Elizabeth found it difficult to pronounce her name. What was she called at home instead?
3. The young Princess Elizabeth treasured a doll in a red coat with a matching beret. The doll remains in the Royal Collection. What is she called?
4. What did young Elizabeth call her grandfather, King George V?
5. Approximately an acre of the grounds at Sandringham have been set aside for the cultivation of which exotic crop?
6. The Royal Estate at Windsor usually accommodates around 1,500 Lohmann Browns. What are they?
7. The Queen has owned more than 30 corgis, as well as dorgis and labradors. But what breed were her dogs Bisto, Oxo, Flash, Spick and Span?
8. What distinguishes the Queen's corgis Monty, Willow and Holly?
9. Aureole's second place in the Queen's coronation year, 1953, is the closest one of Her Majesty's horses have ever come to winning which celebrated race?
10. The Queen has been presented with many animals during her reign, including giant turtles, a jaguar and an elephant. Which nation presented her, in 1968, with a pair of sloths?
11. The last of the Queen's pet corgis was a 14th-generation descendant of her first corgi, given to her on her 18th birthday. What was that first corgi named?
12. The Queen's interest in horse racing is well-known. But for many years she has also kept a large number of racing...
13. What does Her Majesty keep in a Tupperware box, and enjoy at breakfast time?
14. How did Princess Elizabeth pay for her wedding dress in 1947?
15. Her Majesty's favourite meal is said to be afternoon tea, especially when it includes which cake?
16. What does the Sovereign's Orb, held in the monarch's right hand during the coronation ceremony, represent?

Answers for the May Quiz

1. Morris Dancing 2. Anita Dobson 3. Francisco Goya 4. 5 minutes 5. Clout (an old work for a piece of clothing) 6. Hawthorn 7. Eastbourne 8. 8th May 9. On a cold frosty morning 10. Lily of the Valley

**St.
Mark's
Forest Gate**

Youth



If you would like any further information please contact Beth on her email:

beth.yates@stmarksforestgate.org.uk

Girls Drop-in

Monday Evenings

20th June

27th June

4th July

7:00pm – 8:30pm

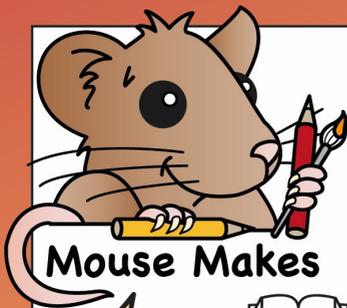


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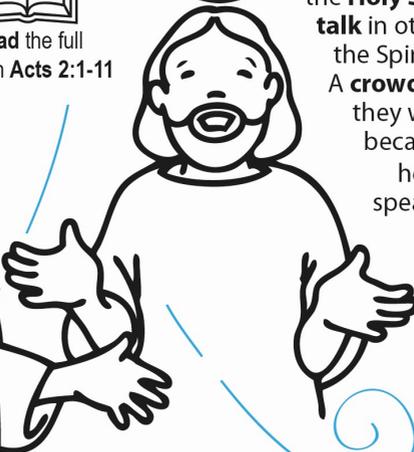
To book your place email Beth:
beth.yates@stmarksforestgate.org.uk



Mouse Makes



Read the full story in Acts 2:1-11



It was the **festival of Pentecost, fifty days since Passover** and **Jews** from many countries had come to **Jerusalem to celebrate**.

The **Apostles** and other believers were all **together** in one place when they heard a **sound**

like a strong **wind** and **saw** what looked like **tongues of fire** which spread out and **touched each** person.

All of them were **filled** with the **Holy Spirit** and began to **talk** in other **languages** as the Spirit enabled them.

A **crowd** gathered outside, they were all excited because each of them heard the believers speaking in their **own**

D L F I L L E D S
 N E B E C E L E B R A T E H
 L H O L Y S P I R I T A A
 T A A P E N T E C O S T L C T
 O N B A P T I S E D O O K H
 U G N S A W V G K B U N
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 E G F V F I F T Y I W E I O G S
 D E J E R U S A L E M S F N O K
 E S O R D A Y S I V I W I N D N
 W T O G E T H E R C R O W D
 A L O W E D D E J E W S

language about the great things **God** had done.

About 3,000 people **heard, believed** and were **baptised** that day!

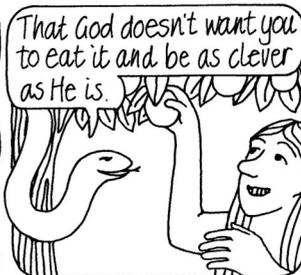
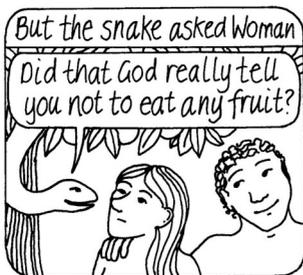
All the words in bold type in the story are in the word search, can you find them?

Bible Bite

A short story from the Bible

It can be read in the Bible in Genesis chapter 2:4-9,15-25 and ch.3

This story is about the wonderful start to the world, and the first mistake...



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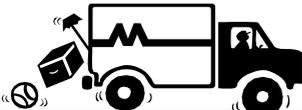
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Services - See page 15 for further information

Weekdays	4:30 pm	Evening Prayer (Zoom)
Wednesday	7:30 pm	Prayer Meeting in the church
Sunday	10:30 am	Morning services/ Communion
Sunday	4:30 pm	Communion

Activities

Mondays	11:00am	Care and Repair Sewing Group
	7:00 pm	Girls Drop in (starting 20th June)



St. Mark's Forest Gate
Church Centre: Lorne Road,
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www.stmarksforestgate.org.uk

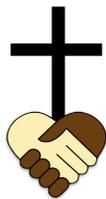
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Email:
info@stmarksforestgate.org.uk
Registered Charity Number
1132240

St. Mark's is a local Church of England Church. The Vicar will be pleased to help make arrangements for baptisms, weddings and other matters. If this is the first time you have seen the magazine and you would like to receive it regularly, then phone or drop a note into the church and we will do the rest.



St. Mark's Forest Gate



Our Motto for 2022

Launch out into the deep
and let down your nets for a
catch.

Luke 5 v 4



Now go out where it is
deeper, and let down your
nets to catch some fish
Luke 5:4